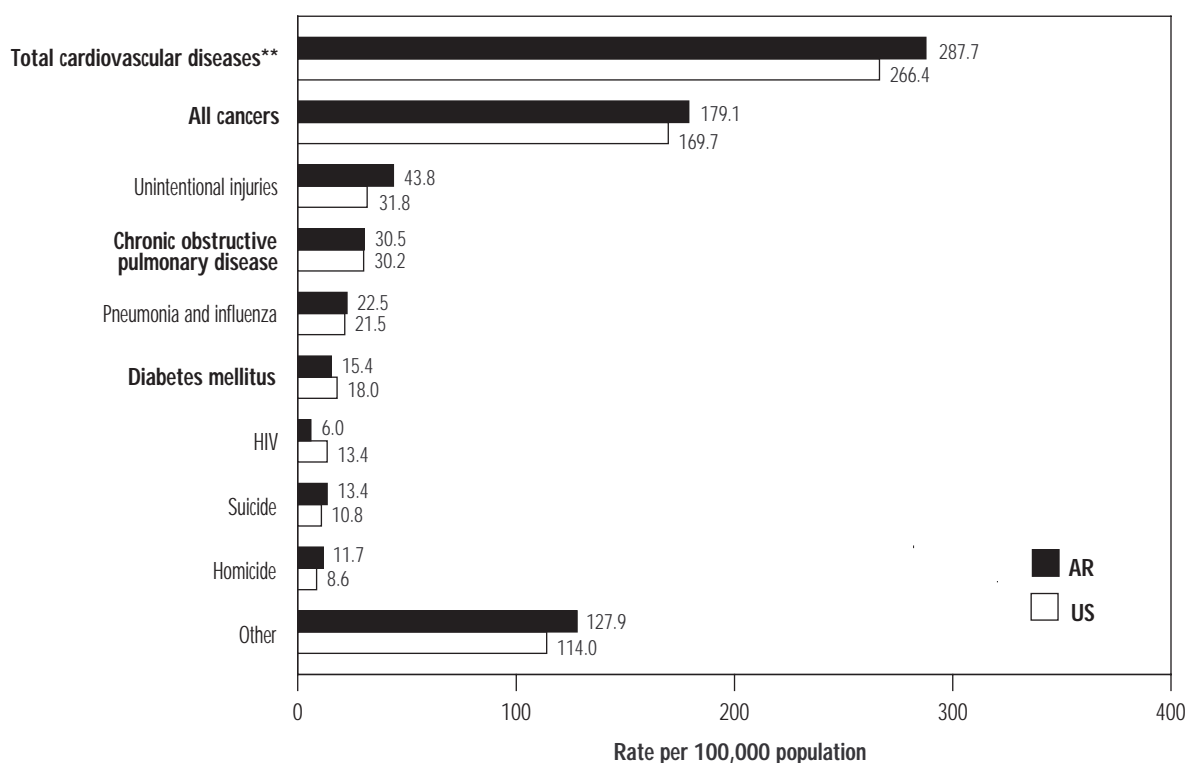


# Arkansas: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Arkansas, all cancers are the second most common cause, chronic obstructive pulmonary disease is fourth, and diabetes is sixth.
- In 1995, 72% of all deaths in Arkansas were due to the four most common chronic disease causes of death.
- The death rates for total cardiovascular diseases, all cancers, and chronic obstructive pulmonary disease were higher in Arkansas than in the United States; the death rate for diabetes was lower.

**Causes of Death, Arkansas Compared With United States, 1995\***



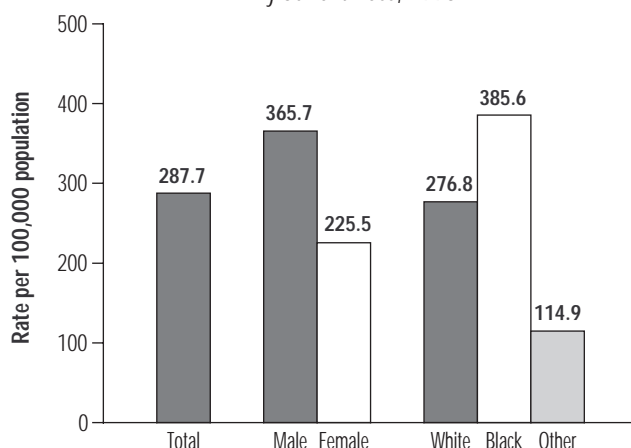
\*All data are age adjusted, 1970 total U.S. population.

\*\*Total cardiovascular disease death rates include rates of death due to ischemic heart disease (147.1 per 100,000 in Arkansas and 135.2 per 100,000 in the United States) and rates of death due to stroke (54.7 per 100,000 in Arkansas and 42.5 per 100,000 in the United States).

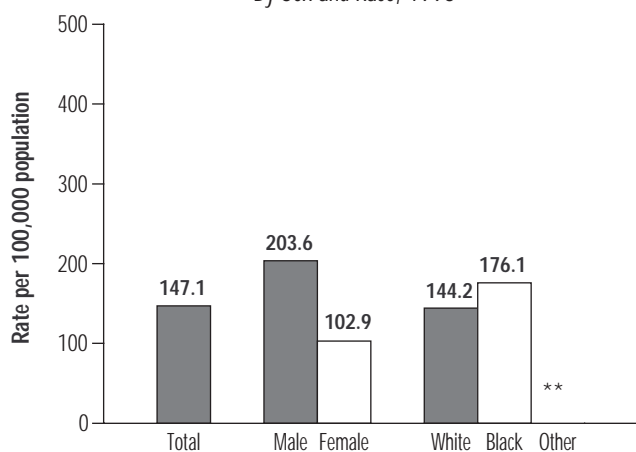
# Arkansas: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Arkansas, accounting for 39% of all deaths.
- Ischemic heart disease accounted for 51% of all cardiovascular disease deaths in Arkansas in 1995; 5,686 people in Arkansas died of ischemic heart disease.
- In 1995, 2,272 people in Arkansas died of stroke.

**Arkansas: Total Cardiovascular Disease Death Rates**  
By Sex and Race, 1995

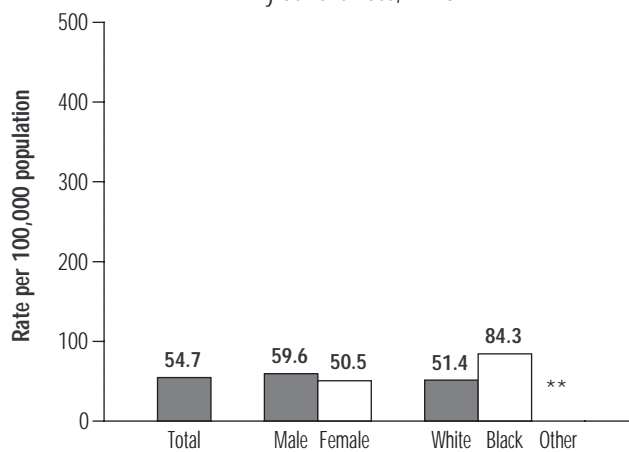


**Arkansas: Ischemic Heart Disease Death Rates**  
By Sex and Race, 1995



\*\*Too few numbers to analyze.

**Arkansas: Stroke Death Rates**  
By Sex and Race, 1995



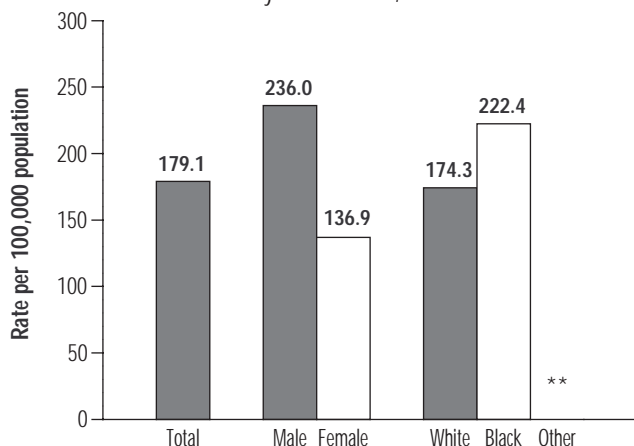
\*\*Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

# Arkansas: Cancer

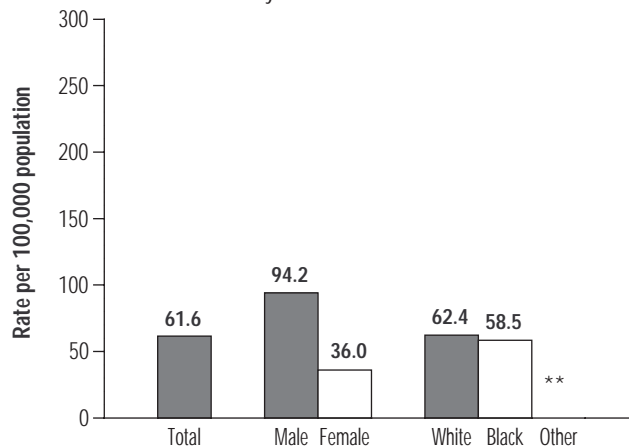
- Cancer accounted for 24% of all deaths in Arkansas in 1995; 6,079 people in Arkansas died of cancer.
- In Arkansas in 1995, 2,010 people died of lung cancer, 593 people died of colorectal cancer, and 408 women died of breast cancer.
- The American Cancer Society estimates that 2,400 new cases of lung cancer, 1,500 new cases of colorectal cancer, and 1,900 new cases of breast cancer will be diagnosed in Arkansas in 1997.

**Arkansas: All Cancer Death Rates**  
By Sex and Race, 1995



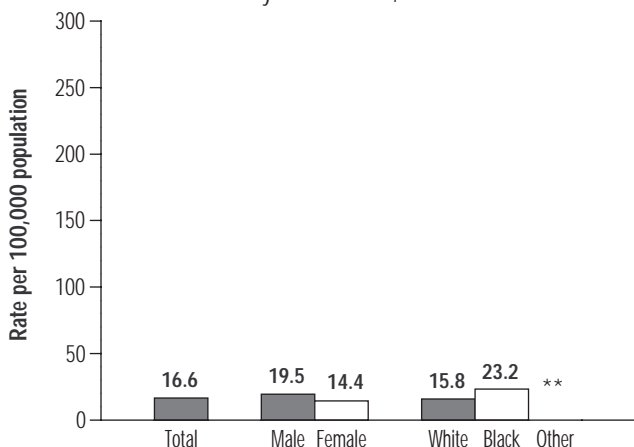
\*\*Too few numbers to analyze.

**Arkansas: Lung Cancer Death Rates**  
By Sex and Race, 1995



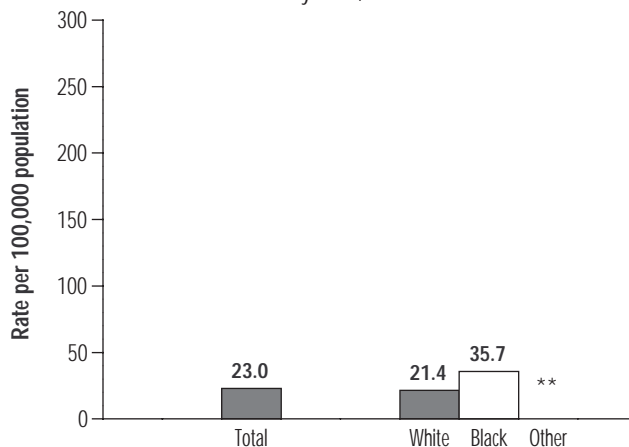
\*\*Too few numbers to analyze.

**Arkansas: Colorectal Cancer Death Rates**  
By Sex and Race, 1995



\*\*Too few numbers to analyze.

**Arkansas: Breast Cancer Death Rates Among Women**  
By Race, 1995



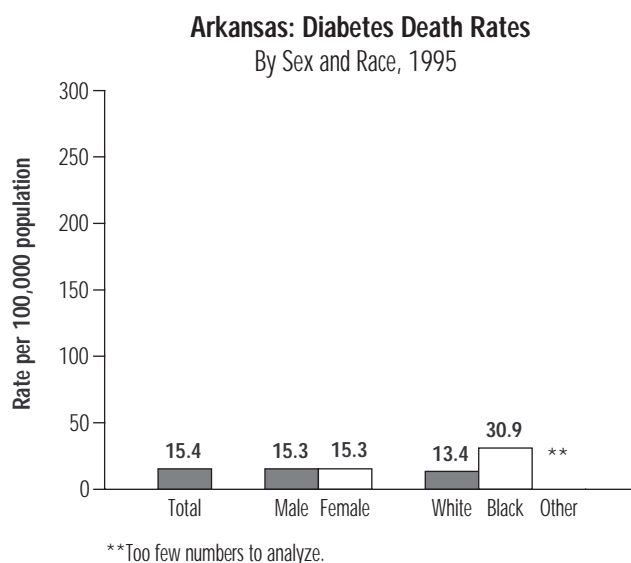
\*\*Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

# Arkansas: Diabetes

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- In 1994, 96,940 adults in Arkansas had diagnosed diabetes.
- Diabetes was the underlying cause of 556 deaths in Arkansas in 1995.
- In 1993, diabetes was the most common contributing cause of 167 new cases of end-stage kidney disease in Arkansas.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

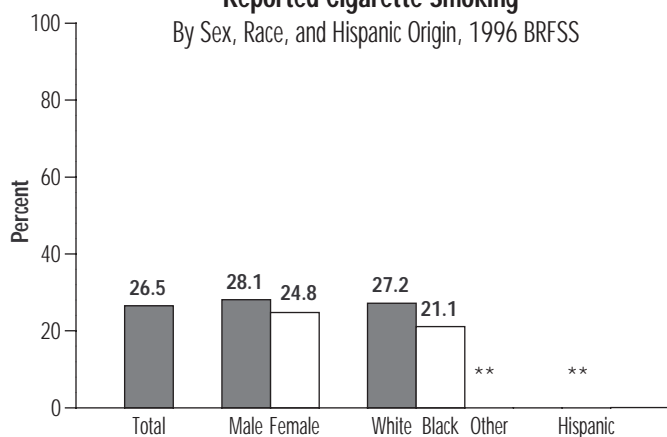


Note: All data are age adjusted, 1970 total U.S. population.

# Arkansas: Risk Factors

**Arkansas: Percentage of Adults Who Reported Cigarette Smoking\***

By Sex, Race, and Hispanic Origin, 1996 BRFSS

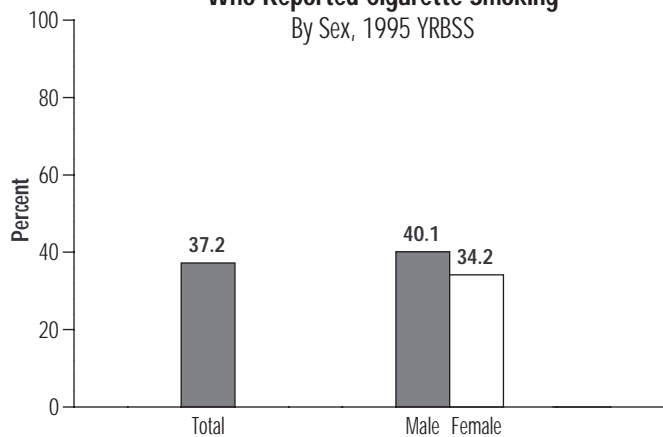


\*Ever smoked at least 100 cigarettes and now smoke every day or some days.

\*\*Too few numbers to analyze.

**Arkansas: Percentage of High School Students Who Reported Cigarette Smoking\***

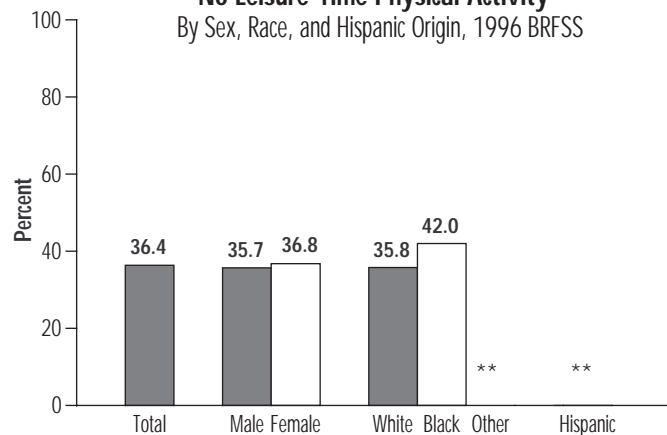
By Sex, 1995 YRBSS



\*Smoked cigarettes on 1 or more of the 30 days preceding the survey.

**Arkansas: Percentage of Adults Who Reported No Leisure-Time Physical Activity\***

By Sex, Race, and Hispanic Origin, 1996 BRFSS

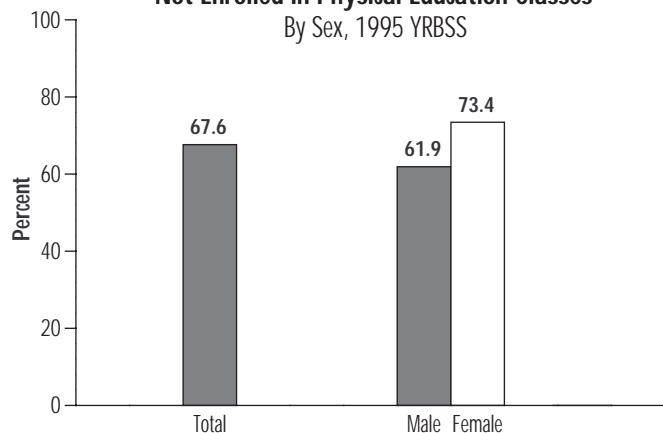


\*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

\*\*Too few numbers to analyze.

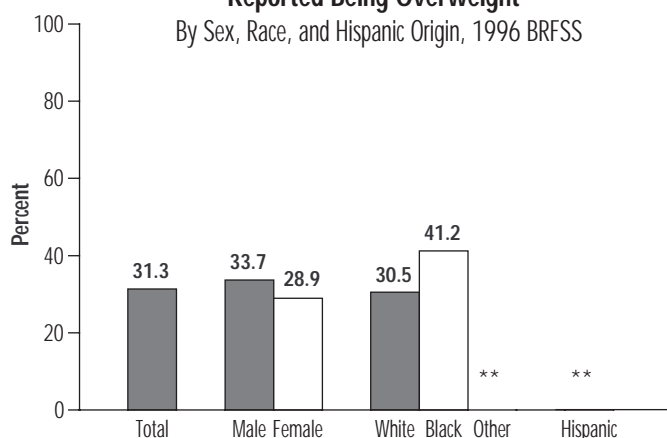
**Arkansas: Percentage of High School Students Not Enrolled in Physical Education Classes**

By Sex, 1995 YRBSS



**Arkansas: Percentage of Adults Who Reported Being Overweight\***

By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*Body mass index  $\geq 27.8$  kg/m<sup>2</sup> for men and  $\geq 27.3$  kg/m<sup>2</sup> for women.

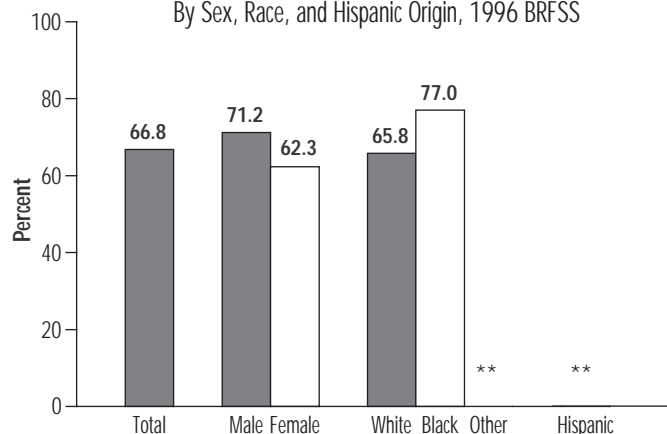
\*\*Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

# Arkansas: Risk Factors

**Arkansas: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day**

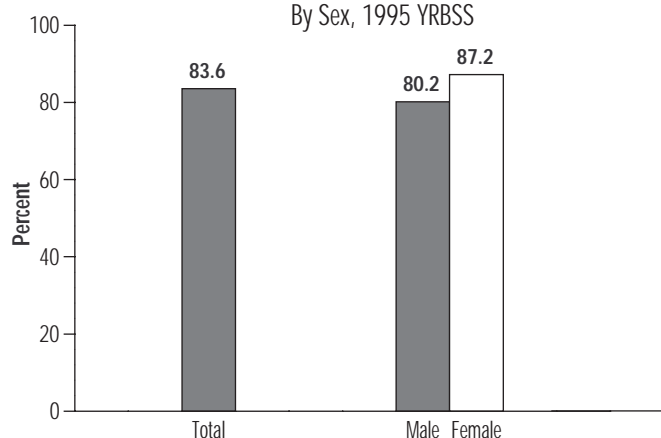
By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*\*Too few numbers to analyze.

**Arkansas: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey**

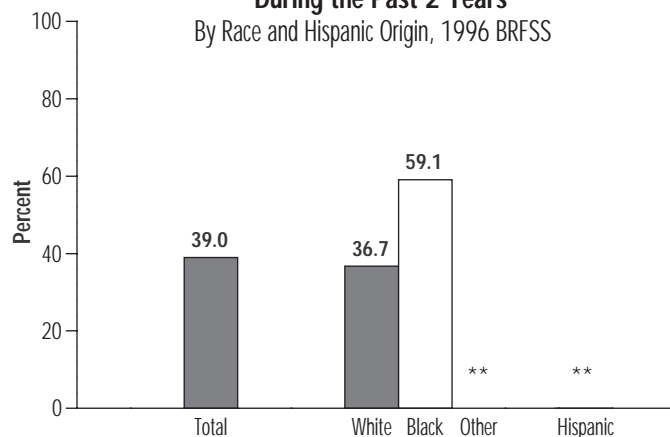
By Sex, 1995 YRBSS



# Arkansas: Preventive Services

**Arkansas: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years**

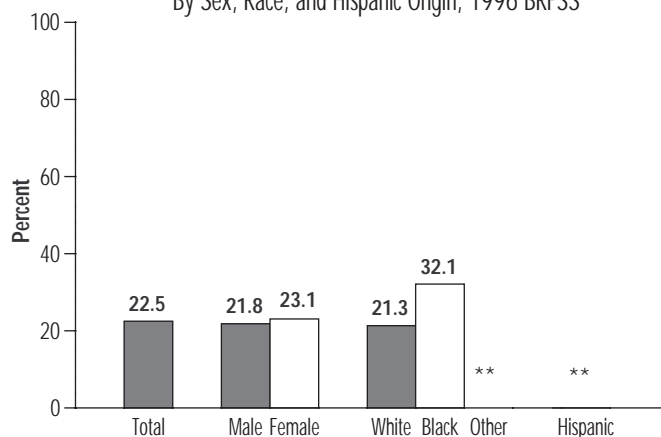
By Race and Hispanic Origin, 1996 BRFSS



\*\*Too few numbers to analyze.

**Arkansas: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance**

By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*\*Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.